

Healthy Start is FREE

Those who apply must live in one of the following ZIP codes.

Jackson County, MO:

64109, 64111, 64124, 64126, 64127, 64128, 64130 or 64132

Wyandotte County, KS:

66101, 66102, 66104, 66105, 66106 or 66111

Apply online at:

www.nurturekc.org/family/solutions/



“Healthy Start connects me with resources to help my family. It encourages and empowers me.”
— Elizabeth Torres



Nurture KC is a community collaboration dedicated to reducing infant death and improving family health.

Our vision: A Kansas City community committed to health equity for all families – regardless of race, place or circumstance – beginning with a child’s birth through a continuum of care.

Nurture KC Headquarters:
1111 W. 39th Street, Suite 100
Kansas City, MO 64111
816-283-6242
www.nurturekc.org

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Kansas City Healthy Start Initiative



This program, provided through Nurture KC, connects participants with one-on-one support, education and resources to have a safe pregnancy and healthy baby. It continues support for moms, dads and infants (until they are 18 months old). Learn if you qualify.



“My family and I feel supported by having access to Healthy Start. We can count on our Community Health Worker for questions about parenting, job training, education, health care and more. We are very fortunate to be part of this program.”
— Yesica Osorio



“I love getting to work with each one of my families and watching them grow to reach their full potential.”
— Ashley Gonzales
Community Health Worker

Healthy Start participants are connected with:

- A Helping Hand — Diapers, cribs, car seats and flu shots
- Health Care Services — Prenatal and postpartum care, medical insurance enrollment, well-child check ups and family planning
- Breastfeeding Support — Nutrition education and lactation counseling
- Educational Resources — Safe sleep habits for baby; housing, employment and academic assistance; smoking cessation; family relationships; alcohol/drug abuse counseling



I Sleep Safest

On my **A** lone
B ack
In my **C** rib

Healthy Start Sites

Samuel U. Rodgers Health Center

825 Euclid Avenue
Kansas City, MO 64124
816-889-4767
www.rodgershealth.org

Swope Health Central

3801 Blue Parkway
Kansas City, MO 64130
816-599-5791
www.swopehealth.org

Swope Health Wyandotte

21 North 12th St., Suite 400
Kansas City, KS 66102
816-599-5793
www.swopehealth.org

Nurture KC

1111 W 39th St., Suite 100
Kansas City, MO 64111
816-283-6242, ext. 249
www.nurturekc.org



Program participants also receive assistance, if needed, from our Nurse Liaison at Truman Medical Centers.