

Healthy Start is FREE

Those who apply must live in one of the following ZIP codes.

Jackson County, MO:

64124, 64127, 64130, 64132, 64133, or 64138

Wyandotte County, KS:

66101, 66102, 66104, 66106, 66111, or 66112

Apply online at:

www.nurturekc.org/family/solutions/



“Healthy Start connects me with resources to help my family. It encourages and empowers me.”

— Elizabeth Torres



Nurture KC is a community collaboration dedicated to reducing infant death and improving family health.

Our vision:

A Kansas City community committed to health equity for all families regardless of race, place or circumstance – beginning with a child’s birth through a continuum of care.

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Kansas City Healthy Start Initiative



Nurture KC
1111 W. 39th Street, Suite 100
Kansas City, MO 64111
816-283-6242
www.nurturekc.org



“My family and I feel supported by having access to Healthy Start. We can count on our Community Health Worker for questions about parenting, job training, education, health care and more. We are very fortunate to be part of this program.”
 — Yesica Osorio



My passion is to serve the community. I want to give a voice to those who don't feel heard. Here at Nurture KC we strive to provide compassionate, trusting support to all of our families
 — Marcela Metcalf
 Lead Community Health Worker

This program, provided through Nurture KC, connects participants with three tiers of service:

- One-on-one support from qualified Community Health Workers and Nurses.
- Education on safe sleep, breastfeeding, child passenger safety, and much more.
- Resources to have safe pregnancies and healthy babies.
- It continues supporting moms, dads and infants up to 18 months old.



I Sleep Safest
 Alone
 On my Back
 In my Crib

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Additional Program Benefits:

- Program participants with high-risk pregnancies also receive assistance, if needed, from our Community Health Nurse.
- Prenatal, birth, and postpartum doula support.
- Childbirth and newborn classes.
 - Breastfeeding support
- Happy Bottoms agency partner

