



## APPLICATION FOR EMPLOYER SUPPORT FOR NURSING MOTHERS AWARD

Mother & Child Health Coalition (MCHC) wishes to recognize employers in the Kansas City metropolitan area that provide workplace support to their employees who are breastfeeding (nursing) through the "**Employer Support for Nursing Mothers Award**". Employers are evaluated based on criteria for three levels of support: **Gold, Silver, and Bronze**. Employers meeting requirements of one of the three criteria levels will be recognized with a plaque, recognition on the MCHC website ([www.mchc.net](http://www.mchc.net)) and in a press release to local media. All forms of recognition are voluntary.

Name of Employer: \_\_\_\_\_

Address: \_\_\_\_\_

Company website: \_\_\_\_\_

Contact Person's Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Person who assisted employer (if applicable): \_\_\_\_\_

### Requirements:

- Check list of nursing mother support accommodations provided by the employer (see second page)
- Copy of written company breastfeeding policy (if applicable)
- Photo (jpeg format) of nursing break room with permission to post on MCHC website along with identifying information

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The Business Case for Breastfeeding is a national initiative of the U.S. Department of Health and Human Services (HHS), Health Resources and Services Administration's Maternal and Child Health Bureau, and the HHS Office on Women's Health. Mother & Child Health Coalition is a partner in this national initiative.

## Check List for Nursing Mother Support Accommodations

Criteria	Bronze	Silver	Gold
<b>Policy &amp; Education</b>	<input type="checkbox"/> Verbal agreement between mother and her direct supervisor regarding her break times and space to express milk	<input type="checkbox"/> Verbal or written nursing support policy <input type="checkbox"/> Verbal information provided to all employees about nursing support	<input type="checkbox"/> Written nursing support policy with education provided for all employees <input type="checkbox"/> Educational packet about nursing given to all expectant employees and their partners
<b>Facilities</b>	<p><b>Private room with all of the following:</b></p> <input type="checkbox"/> Private, secure area to express milk*	<p><b>Private room with all of the following:</b></p> <input type="checkbox"/> Private, secure area to express milk* <input type="checkbox"/> Comfortable chair for pumping and/or nursing <input type="checkbox"/> Small table <input type="checkbox"/> Electrical Outlet  <p><b>Optional items:</b></p> <input type="checkbox"/> Refrigerator for milk storage <input type="checkbox"/> Nearby sink with running water or sanitizing wipes for clean up	<p><b>Private room with all of the following:</b></p> <input type="checkbox"/> All requirements for “Silver” level <input type="checkbox"/> Refrigerator for milk storage or personal cooler <input type="checkbox"/> Nearby sink with running water or sanitizing wipes for clean up <input type="checkbox"/> Clock  <p><b>Optional items:</b></p> <input type="checkbox"/> Radio/cassette/CD player <input type="checkbox"/> Telephone <input type="checkbox"/> Nursing mother art
<b>Scheduling</b>	<input type="checkbox"/> Flexible breaks (at least 15-20 minutes in the morning and afternoon as well as a lunch break) during which the employee can express milk or nurse their infants	<input type="checkbox"/> Same breaks as “Bronze” level  <p><b>One or more of the following:</b></p> <input type="checkbox"/> Ability to work part-time or some hours from home <input type="checkbox"/> Flextime or job-sharing option <input type="checkbox"/> Onsite childcare <input type="checkbox"/> “Baby-at-work” program <input type="checkbox"/> Maternity leave available for up to 12 weeks (at least 6 weeks paid) <input type="checkbox"/> Breast pump provided or subsidized by employer	<input type="checkbox"/> Same breaks as “Bronze” level  <p><b>Two or more of the following:</b></p> <input type="checkbox"/> Ability to work part-time or some hours from home <input type="checkbox"/> Flextime or job-sharing option <input type="checkbox"/> Onsite childcare <input type="checkbox"/> “Baby-at-work” program <input type="checkbox"/> Maternity leave available for up to 12 weeks (at least 6 weeks paid) <input type="checkbox"/> Breast pump provided or subsidized by employer
<b>Resources</b>		<p><b>One or more of the following:</b></p> <input type="checkbox"/> Lending library of Breastfeeding Resources <input type="checkbox"/> List of local breastfeeding resources <input type="checkbox"/> Lactation consultant services provided for employees (via insurance or paid by employer)	<p><b>Two or more of the following:</b></p> <input type="checkbox"/> Lending library of Breastfeeding Resources <input type="checkbox"/> List of regional breastfeeding resources <input type="checkbox"/> Lactation consultant services provided for employees (via insurance or paid by employer)

\* “...a place, **other than a bathroom**, that is shielded from view and free from intrusion from coworkers and the public...” Fair Labor Standards Act, Sec. 4207