



Missouri Breastfeeding Coalition



APPLICATION FOR THE MISSOURI “Breastfeeding Friendly Workplace Award”

The Missouri Department of Health and Senior Services (DHSS) and the Missouri Breastfeeding Coalition would like to recognize employers in Missouri that provide workplace support to their breastfeeding employees through the “**Breastfeeding Friendly Workplace Award.**” Employers are evaluated based on criteria for three levels of support: **Gold, Silver, and Bronze.** When one of the levels is reached they will be recognized with a framed certificate, recognition on the Missouri Breastfeeding Coalition website (www.mobreastfeeding.org) and in a press release to local media. All forms of recognition are voluntary.

Name of Employer: _____

Type of Business: _____

of Employees: _____

Address: _____

Company Website: _____

Contact Person’s Name: _____

Phone: _____

Email: _____

Person who assisted employer (if applicable): _____

Requirements:

- ☐ Check list of breastfeeding friendly workplace accommodations provided by the employer (see second page)
- ☐ Copy of written company breastfeeding policy (if applicable)
- ☐ Photo (jpeg format) of private room for moms to express milk
- ☐ I give permission to post photos on the Missouri Breastfeeding Coalition website along with identifying information

Email to: Lisa.Schlientz@health.mo.gov

Mail to: Lisa Schlientz, MPH, IBCLC, State Breastfeeding Coordinator
Department of Health and Senior Services/ WIC and Nutrition Services
P.O. Box 570, Jefferson City, Missouri 65102-0570

Check List of Breastfeeding Friendly Workplace Accommodations

Criteria	Bronze	Silver	Gold
Policy & Education	<input type="checkbox"/> Verbal agreement between mother and her direct supervisor regarding her break times and space to express milk	<input type="checkbox"/> Verbal or written breastfeeding support policy <input type="checkbox"/> Verbal information provided to all employees about breastfeeding support	<input type="checkbox"/> Written breastfeeding support policy with education provided for all employees <input type="checkbox"/> Educational packet about breastfeeding given to all expectant employees and their partners
Facilities	<p><i>Private room with all of the following:</i></p> <input type="checkbox"/> Private, secure area to express milk*	<p><i>Private room with all of the following:</i></p> <input type="checkbox"/> Private, secure area to express milk* <input type="checkbox"/> Comfortable chair for pumping and/or breastfeeding <input type="checkbox"/> Small table <input type="checkbox"/> Electrical Outlet <p><i>Optional items:</i></p> <input type="checkbox"/> Refrigerator for milk storage <input type="checkbox"/> Nearby sink with running water or sanitizing wipes for clean up	<p><i>Private room with all of the following:</i></p> <input type="checkbox"/> All requirements for “Silver” level <input type="checkbox"/> Refrigerator for milk storage or personal cooler <input type="checkbox"/> Nearby sink with running water or sanitizing wipes for clean up <input type="checkbox"/> Clock <p><i>Optional items:</i></p> <input type="checkbox"/> Radio/cassette/CD player <input type="checkbox"/> Telephone <input type="checkbox"/> Nursing mother art
Scheduling	<input type="checkbox"/> Flexible breaks (at least 15-20 minutes in the morning and afternoon as well as a lunch break) during which the employee can express milk or nurse their infant	<input type="checkbox"/> Same breaks as “Bronze” level <p><i>One or more of the following:</i></p> <input type="checkbox"/> Ability to work part-time or some hours from home <input type="checkbox"/> Flextime or job-sharing option <input type="checkbox"/> Onsite childcare <input type="checkbox"/> “Baby-at-work” program <input type="checkbox"/> Maternity leave available for up to 12 weeks (at least 6 weeks paid) <input type="checkbox"/> Breast pump provided or subsidized by employer	<input type="checkbox"/> Same breaks as “Bronze” level <p><i>Two or more of the following:</i></p> <input type="checkbox"/> Ability to work part-time or some hours from home <input type="checkbox"/> Flextime or job-sharing option <input type="checkbox"/> Onsite childcare <input type="checkbox"/> “Baby-at-work” program <input type="checkbox"/> Maternity leave available for up to 12 weeks (at least 6 weeks paid) <input type="checkbox"/> Breast pump provided or subsidized by employer
Resources		<p><i>One or more of the following:</i></p> <input type="checkbox"/> Lending library of breastfeeding resources <input type="checkbox"/> List of local breastfeeding resources <input type="checkbox"/> Lactation consultant services provided for employees (via insurance or paid by employer)	<p><i>Two or more of the following:</i></p> <input type="checkbox"/> Lending library of breastfeeding resources <input type="checkbox"/> List of local breastfeeding resources <input type="checkbox"/> Lactation consultant services provided for employees (via insurance or paid by employer)

* “...a place, ***other than a bathroom***, that is shielded from view and free from intrusion from coworkers and the public...” Fair Labor Standards Act, Sec. 4207