







Pre-registration is required. To register, please click on the following link:

https://www.surveymonkey.com/r/85WMVZF

Lunch will be on your own, from 12 to 1 p.m.

Please feel free to bring your own lunch or visit one of the local restaurants.

For more information, contact
Paul Cesare at pcesare@mchc.net or 816.283.MCHC (6242) ext. 239

Breastfeeding 101

A Free Educational Training on the Basics of Breastfeeding

Thursday, February 11, 2016 9:30 a.m. – 3:45 p.m.

NEW LOCATION & Re-opened Registration KU EDWARDS CAMPUS—REGNIER HALL 12610 QUIVIRA RD. OVERLAND PARK, KS 66213

Open to all professionals and the general public from Kansas and surrounding states. Continuing education credits will be provided for nurses, dieticians and lactation consultants.

Goals of the Training:

- 1. Learn what is physiologically normal in a breastfed newborn and how maternity care practices in the hospital setting can improve breastfeeding duration rates.
- 2. Equip attendees with knowledge to teach mothers optimal latch and positioning techniques.
- 3. Participants will gain a greater understanding of the factors influencing formula supplementation in the early days postpartum and how to include interventions prior to supplementation.

Presenter:

Brenda Bandy, BS, IBCLC Program Director, Kansas Breastfeeding Coalition

Sponsored by:

Kansas Breastfeeding Coalition
Kansas Department of Health and Environment, Nutrition and WIC
Services

Metro KC Breastfeeding Collaborative (A Component of Mother & Child Health Coalition) Sunflower Health Plan