

# Mother & Child Health Coalition's Quarterly Meeting

## Youth & Mental Health: Living in an Anxious World

This activity is joint provided by MCHC and Children's Mercy Kansas City. (with the Metro KC Youth Collaborative and Pregnancy, Infant and Child Health Committee)

Today, 1 in 5 children and adolescents have a mental health problem. Anxiety disorders are the most common mental health problem among children between the ages of 9 and 17. This details a reality that can create powerful barriers to success for the youth we serve. Join us for informative presentations, stories of resilience and a call to action on addressing adolescent mental health.

### Register online: https://www.surveymonkey.com/r/MCHC72718

#### Learning Objectives:

- Describe mental health issues facing adolescents in our region
- Identify strategies and/or resources that can be utilized in work with adolescents with mental health issues
- Participate in a call-to-action session for addressing mental health issues in youth and developing a community directive

Friday, July 27, 2018 8:00 - 11:30 a.m.

Kansas City Health Department 2400 Troost Ave., Biery Auditorium Kansas City MO 64108

#### CE Statements:

- <u>2</u> Children's Mercy Kansas City is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- <u>2</u> Social Work CEU's will be provided to licensed social workers. Children's Mercy Hospital's Department of Social Work and Community Services has been approved as a Continuing Education Provider by the State of Kansas Behavioral Sciences Regulatory Board.

#### Successful Completions:

- Attend the entire program
- Engage in program activities and discussion
- Complete post-program electronic evaluation



There is no charge for current MCHC members (including CE). To become a MCHC member (and receive CE): Pay \$25 annual membership fee. Questions? Call Shannon at (816) 283-6242 ext. 251