Empowering Families in the Digital Age

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What We'll Cover Today

 Identify the major generational differences across lifespan development that contribute to a digital divide between parents/caregivers and their student/child

- Understand the educational technology landscape and the public education approach to students and technology
- Provide information, resources and tips to parents to support their parenting goals

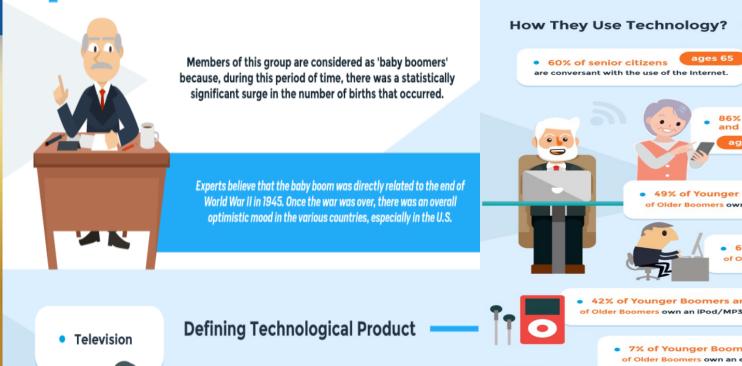


Shameless Use of Technology to Make a Point





Baby Boomers – Born 1946 to 1964





Generation X – Born 1965 to 1976

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Generation X is the demographic unit following the baby boomers and preceding the Millennials.

Members of this group were sometimes called the "latchkey generation", due to reduced adult supervision and to the increased divorce rates and increased maternal participation in the workforce.

Personal Computer

Defining Technological Product



Communication Media

Email & Telephone





Millenials or Gen Y – Born 1977 to 1995



The term Millennials apply to individuals who reached adulthood around the turn of the 21st century. They grew up in a technology-filled and online-driven society.

The members of this generation also hope to be the next great generation and to turn around all the "wrong" they see in the world today.

Tablet and Smartphone

Defining Technological Product



Text and Social Media





Gen Z, Centennials – Born 1996 to Present



Following the technology-driven generation of Millennials is the Gen Z, iGen, or Centennials. The defining historical moment that separates them from their Millennials siblings was the 9/11 attack.

The members of this generation are still largely kids and adolescents, so their adult characteristics are yet to be examined.



Defining Technological Product

Virtual Reality (VR) and Augmented Reality (AR) headsets and components, Nano-computing, 3D printing, Electric and driverless cars.



Communication Media

Hand-held communication devices, accessories such as smartwatches.



How They Use Technology?



Gen Z expects to get their first smartphone younger than any other generation.





Messaging apps Snapchat, iMessage, Skype, and Facebook Messenger are the top used messaging tools for Gen Z, respectively.

Only 9% of Generation Z use voice assistants like Siri or Alexa.



41% have tried VR and 12% use it on a daily or weekly basis.









Only 6% of Gen Z say it is appropriate to talk, text. and surf the web during work hours.

42% of Gen Z, more than any other generation, say social media affects how people see you.











Gen Z and Technology: What Are They Thinking?





The Teenage Brain

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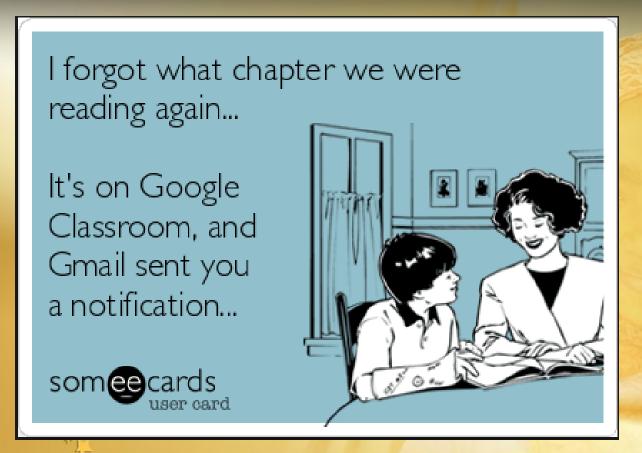
- ✓ Prefrontal cortex helps us think ahead, see consequences, and make decisions.
- ✓ Teens' prefrontal cortex isn't finished developing.
- ✓ They see situations as absolute truths that will last forever.
- ✓ Tweens develop meta-cognitive abilities and awareness of others' opinions of them.



Bottom Line:

A teen's brain is evolving, so risk-taking, poor decision-making, awareness of peer approval, and absolute thinking increase.

'But It's for My Homework': The Educational Technology Landscape





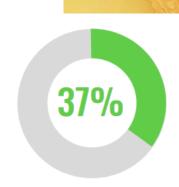
Tech Types: What Kids are Getting from Schools

- Tablets
- Laptops
- Hotspots/ Wifi
- Grade Monitoring/ Chec (Student Information Systems)
- Teacher Websites
- Google Drive/Classroom
- Teacher/Parent
 Communication Tools and
 Systems





of classrooms use device every



of schools say they have an average of one device per every student

58%

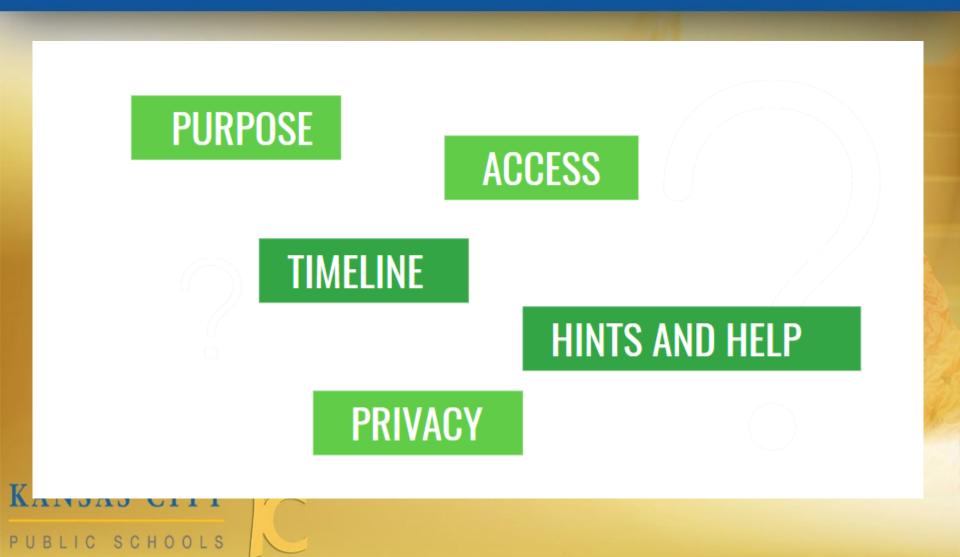
of mobile devices in schools are Chromebooks

19%

of devices in schools are iPads and Mac laptops



The Key to Dealing with School Tech: Ask the Right Questions



Social Media: The Other Side of the Digital Landscape

70%

of teens use social media multiple times each day.

18%

of teens feel better about themselves after social media use. 16%

of teens feel less depressed after social media use.

Over
70%
of teens don't feel better or worse after social media use.

- Social media can strengthen relationships.
- Can use to do good in the world --- reach out to volunteer, create community, be inclusive
- Most kids just having fun, according to the Pew Research Internet Project:
 - 57 percent of all teens have made new friends online
 - 84 percent of boys who play networked games with friends feel more connected when they play online
 - 68 percent of teen social media users have had online friends support them through tough or challenging times

Of course, face-to-face social skills are still important!





Take the effects of social media seriously.

"It's really hard to feel like you have to measure up to someone else, huh?"

Combat "duck syndrome."

"Boy, these pictures sure make everything seem perfect, but nobody's life is perfect."

Pull back the curtain on perfection.

"Hmm, how many selfies do you think she took to get this one? Which filter did she use?"

Foster failure, and emphasize effort.

"I really messed up at work, but listen to how I tried hard to fix it ... "



Know that the pressure feels real, so lead with empathy.

"I bet sometimes it feels hard to keep up with all of this."

Encourage your teen to limit notifications.

"Let's take a look in your settings and see if we can adjust how urgent it seems."

Take a break.

Even a short break can give some relief.

Set limits to help your kid contain demands for communication.

"As a family, we're not using phones at the table or in bed."

Be a strong role model for healthy behavior.

"It's hard for me, too. Maybe we can help each other."



Stay engaged, empathic, and encouraging.

"I'm right here with you, and I know this is hard."

Help teens think through potential consequences of posting and sharing.

"How do you think she'll feel if that picture gets around school?"

Collect evidence, block, report, and involve institutions when necessary.

Encourage teens to be upstanders and create a positive online culture.

"I know it might feel scary, but I'll bet she'd like someone to have her back."



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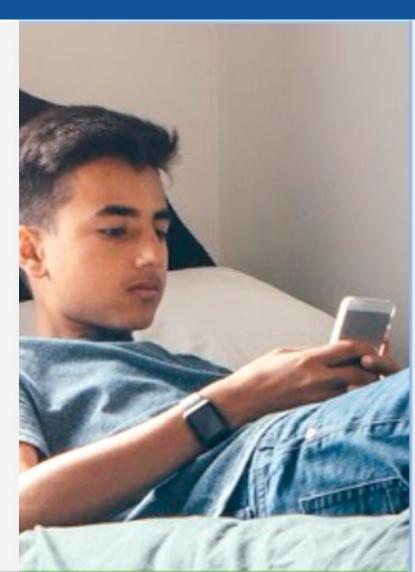
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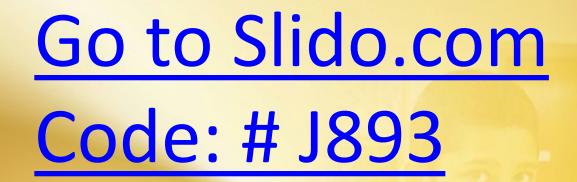
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Shameless Use of Technology to Make a Point





Thank You!!

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