



Nurture KC Resource Material List

All resources are based on availability and cost. Shipping is extra. A representative from Nurture KC may be able to attend health fairs and/or baby showers depending on staff availability and location of event. For more information or questions about items on this list please contact the Education and Health Promotion Coordinator, Shannon Williams, at 816-283-2642 ext. 251 or swilliams@mchc.net

- Online Order Form: <https://www.surveymonkey.com/r/MCHCResources>
- Nurture KC Resource Guide
 - 2017 English pdf click [here](#)
 - 2016 Spanish pdf click [here](#)
- For “This Side Up” t-shirts call 1-800-835-5465

Free Resources

Product #	Title	Source	Eng/Sp
328	9 Things to do Before Getting Pregnant, wallet card	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
332	9 Things to do Before Getting Pregnant, Spanish, wallet card	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
400	An Alcohol Free PG Is the Best Choice for you Baby	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
531	Be a Great Dad: A Dad’s Guide	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
424	10 Ways to be a Better Dad, Spanish	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
X	Breastfeeding crib cards	MCHC	Eng
267	Breastfeeding: Engorgement	http://health.mo.gov/warehouse/e-l-ghc.html	Both
568	Breastfeeding: Enough Milk	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
569	Breastfeeding: Enough Milk Spanish	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
481	Breastfeeding is Important	http://health.mo.gov/warehouse/e-l-ghc.html	Both
x	CHAD- Children Have an Identity Cards	www.parentlink.missouri.edu	Eng
x	Child Development Wheel	www.parentlink.missouri.edu	Eng
296	Folic Acid, Every Day Eng	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
174	Folic Acid, Every Day Sp	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
365	Gestational Diabetes, info sheet, Eng/Sp	http://health.mo.gov/warehouse/e-l-ghc.html	Both
287	Have a Healthy PG Don't Drink Eng	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
711	Have a Healthy PG Don't Drink Sp	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
697	Have a Healthy PG Don't Smoke Eng	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
707	Have a Healthy PG Don't Smoke Sp	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
x	Milestone Moments	www.CDC.gov	Eng
x	Milestone Moments, Spanish	www.CDC.gov	Sp
14	Newborn Screening: Protect Your Newborn Eng	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
420	Newborn Screening: Protect Your Newborn Sp	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
x	Parent Link brochures/magnets	www.parentlink.missouri.edu	Eng
428	Planning for a baby	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
1081	Pregnancy and Beyond Eng	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
1082	Pregnancy and Beyond Sp	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
195	Postpartum Depression Sp	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
86	Postpartum Depression: More Than the Blues Eng	http://health.mo.gov/warehouse/e-l-ghc.html	Eng

564	Preeclampsia: What is it Eng/Sp	http://health.mo.gov/warehouse/e-l-ghc.html	Both
313	Pregnancy and Drugs Bilingual	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
442	Prenatal and Newborn Screening	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
x	Preventing Shaken Baby Syndrome	www.ctf4kids.org	Eng
x	Safe Haven brochure	MCHC	Both
x	Safe Haven metal sign (18 x 24)	MCHC	Eng
x	Safe Haven poster (8 ½ x 11)	MCHC	Both
x	Safe Sleep for your Baby African American	https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx	Eng
x	Safe Sleep for your Baby American Indian/Alaskan Native	https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx	Eng
x	Safe Sleep for your Baby General	https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx	Eng
x	Safe Sleep for your Baby Spanish	https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx	Sp
x	Safe Sleep for your Grandbaby General	https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx	Eng
x	Safe Sleep for your Grandbaby Spanish	https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx	Sp
390	Secondhand Smoke and Baby	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
229	Signs of Preterm Labor, English	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
231	Signs of Preterm Labor, Spanish	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
708	Spanish, Secondhand Smoke & Baby	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
1290	Text4Babies Tear pads	http://health.mo.gov/warehouse/e-l-ghc.html	Eng
1293	Text4Babies Hispanic Tear pads	http://health.mo.gov/warehouse/e-l-ghc.html	Sp
x	What does a safe sleep environment look like	https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx	Eng
x	What does a safe sleep environment look like, Spanish	https://www1.nichd.nih.gov/sts/materials/Pages/default.aspx	Sp
242	Why Last Weeks of Pregnancy Count Bilingual	http://health.mo.gov/warehouse/e-l-ghc.html	Both

Safe Kids/ Mid America Immunization Coalition (MAIC) Resources

Program	Category
Safe Kids	Safe Kids brochure
Safe Kids	Fire Safety
Safe Kids	Pedestrian Safety
Safe Kids	Poison Safety
Safe Kids	School/Playground Safety
Safe Kids	Sports Safety
Safe Kids	Vehicle Safety
Safe Kids	Water Safety
MAIC	MAIC brochure
MAIC	Adult Immunization Schedule by state
MAIC	Flu
MAIC	Hepatitis
MAIC	HPV
MAIC	Infant/Child Immunization Schedule by state
MAIC	Meningitis
MAIC	Shingles
MAIC	Teen Immunization Schedule by state
MAIC	Whooping Cough/Pertussis

Paid Resources

Product #	Title	Source	Eng/Sp
09-2385-08	Are You Ready for Baby Eng	www.marchofdimes.org	Eng
09-2475-10	Are You Ready for Baby Sp	www.marchofdimes.org	Sp
09-2444-09	Becoming a Dad	www.marchofdimes.org	Both
50-1717	Controlling Your Risk Factors	www.krames.com/aha	Both
H195	Domestic Violence	http://pub.etr.org/	Eng
R891	Domestic Violence	http://pub.etr.org/	Sp
09-2482-10	Eating Healthy	www.marchofdimes.org	Both
52509	Fetal Movement Counts	www.childbirthgraphics.com	Both
NF1-93	How Dad Can be a Good Co-Parent	www.fatherhood.org	Eng
52517	How to Time Contractions	www.childbirthgraphics.com	Both
09-2473-10	Prenatal Care	www.marchofdimes.org	Both

Last updated: 10-24-19

File Location: S Drive; Shannon; Resource Library